Full Report (All Nutrients) 45098949, CHEESEBURGER, UPC: 011110906526

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Report Date: June 15, 2017 10:39 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer The Kroger Co.

Nutrient	Unit	Data points	Std. Error	4.6 oz 130g	1 Value Per100 g
Proximates					
Energy	kcal			380	292
Protein	g			17.00	13.08
Total lipid (fat)	g			18.00	13.85
Carbohydrate, by difference	g			38.00	29.23
Fiber, total dietary	g			1.0	0.8
Sugars, total	g			6.01	4.62
Minerals					
Calcium, Ca	mg			100	77
Iron, Fe	mg			2.70	2.08
Sodium, Na	mg			510	392
Vitamins					
Vitamin C, total ascorbic acid	mg			1.2	0.9
Vitamin A, IU	IU			100	77
Lipids					
Fatty acids, total saturated	g			6.994	5.380
Fatty acids, total monounsaturated	g			6.006	4.620
Fatty acids, total polyunsaturated	g			3.003	2.310
Fatty acids, total trans	g			0.494	0.380
Cholesterol	mg			49	38

Amino Acids

Other

Ingredient

SESAME SEED BUN: ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), WATER, SUGAR,

USDA Branded Food Products Database Release April, 2017

Page 2 of 2 SOYBEAN OIL, SESAME SEEDS, CONTAINS 2% OR LESS OF: YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID), SALT, CALCIUM PROPIONATE (PRESERVATIVES), MONOGLYCERIDES WITH ASCORBIC ACID AND CITRIC ACID (ANTIOXIDANTS), CALCIUM SULFATE, ENZYMES, WHEAT STARCH, ASCORBIC ACID. FULLY COOKED FLAMEBROILED CHOPPED BEEF STEAK (SMOKE FLAVOR ADDED): BEEF, ENCAPSULATED SALT, POTASSIUM PHOSPHATE, SALT, MALTODEXTRIN (FROM CORN), SPICE, MODIFIED CORN STARCH, GRILL FLAVOR (FROM PARTIALLY HYDROGENATED SOYBEAN/COTTONSEED OIL), SMOKE FLAVOR, CORN SYRUP SOLIDS. PASTEURIZED PROCESS AMERICAN CHEESE: CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), MILKFAT, WATER, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), PAPRIKA AND ANNATTO (FOR COLOR), SOY LECITHIN (NON-STICKING AGENT). Date Last Updated by Company: 04/26/2016